

Pressrelease  
Goldheart Music presents:

# Mooji

## “Dub-Satsang”

13-track reggae album

Available digitally worldwide

Release date: **Dec 9 2011**

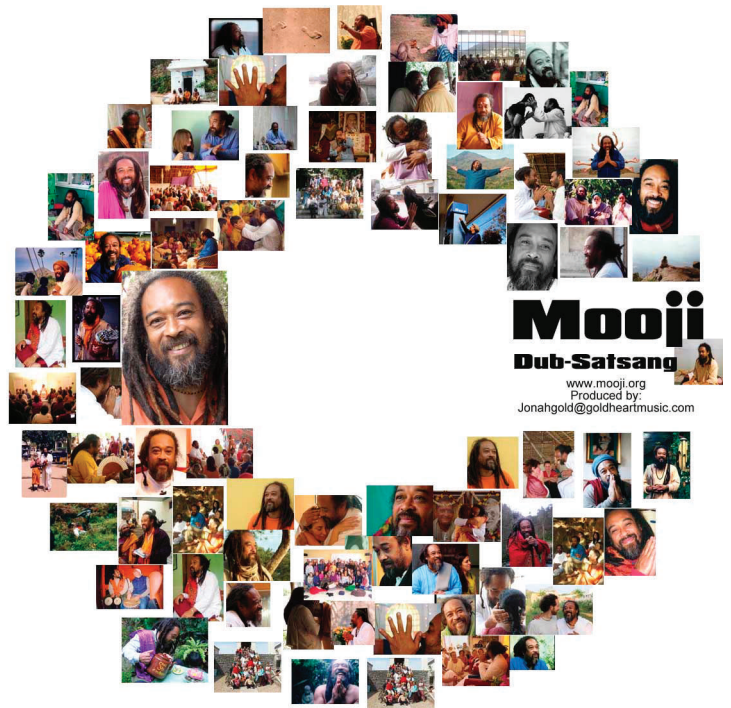
Free listening:

<http://soundcloud.com/goldheartmusic/sets/mooji-by-gold>

*- I feel I have a new concept of reggae, with an updated version of dub "poetry". I've put music to the words of Jamaican born Mooji, who is a direct disciple of Sri Harilal Poonja, the renowned Indian advaita master.*

*This is the most direct no-nonsense approach to the core-instruction shared by all real mystical traditions, religions and philosophies: Know Thyself!*

*Enjoy/Jonahgold*



Anthony Paul Moo-Young, known as Mooji, was born on 29th January 1954 in Port Antonio, Jamaica. In 1969, he moved to the UK and he is presently living in Brixton, London. Anthony worked in London's 'West end' as a street portrait artist for many years, then as a painter and a stained glass artist, and later as a teacher at Brixton College. For a long time, he was well known as Tony Moo, but is now affectionately known as Mooji by the many seekers and friends who visit him.

Over the last years Mooji has been travelling to Spain, Italy, Germany, Sweden, North America, Argentina, Brasil, India, Poland where he conducts Satsang\*-meetings, Intensives and Retreats. He is ever open to meeting sincere seekers of truth, whatever their background.

Complete biography: [www.mooji.org/biography.html](http://www.mooji.org/biography.html)

*From Wikipedia, the free encyclopedia*

*\* Satsang (Sanskrit sat = true, sanga = company) is in Indian philosophy that involves (1) the company of the "highest truth," (2) the company of a guru, or (3) company with an assembly of persons who listen to, talk about, and assimilate the truth.[1] This typically involves listening to or reading scriptures, reflecting on, discussing and assimilating their meaning, meditating on the source of these words, and bringing their meaning into one's daily life.*

*All tracks produced by Jonahgold:*

- 1. The Embodiment of Truth*
- 2. It's Up To You*
- 3. Allready Free - feat. **Desmond Foster***
- 4. The Earliest Knowledge - feat. **Mysticman***
- 5. Somewhere Here - feat. **Sheya Mission***
- 6. The Question Who Am I*
- 7. Conscious - feat. **Daweh Congo***
- 8. Effortless - feat. **Flamman & Zilverzurf***
- 9. Reveal Thyself - feat. **Sheya Mission***
- 10. Go For Gold*
- 11. Expectation Of Bliss - feat. **Sheya Mission***
- 12. A Higher Power*
- 13. A Zen Stick For You...*



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Please visit [www.mooji.org](http://www.mooji.org)  
All pictures taken from there.  
All vocal audio of Mooji is taken  
from various youtube clips  
Thank you Mooji-crew for all!